

Optimal Health Medical Clinic  
855 E Brown Rd Ste 10, Mesa, AZ 85203  
Phone (623) -920-3171 FAX:949-655-2753

**RELEASE AND AUTHORIZATION FOR USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

I authorize Fatima Health LLC d/b/a Optima Health Medical Clinic, ("Practice") or other person/entity:

\_\_\_\_\_ to disclose/release the following information:

\_\_\_\_\_ All medical records related to (specify condition, treatment, etc.): \_\_\_\_\_

\_\_\_\_\_ All billing records related to (specify condition, treatment, etc.): \_\_\_\_\_

\_\_\_\_\_ Specific records/information as follows: \_\_\_\_\_  
\_\_\_\_\_

I do not want the following information disclosed (as defined by applicable state and federal laws):

\_\_\_\_\_ Alcohol/Drug Abuse \_\_\_\_\_ HIV Test Results \_\_\_\_\_ Mental Health/Developmental Disabilities

This Authorization is good until the following date: \_\_\_\_\_

Note: If this item is left blank, the authorization will expire in one (1) year from the date signed.

**YOUR RIGHTS WITH RESPECT TO THIS AUTHORIZATION:** I am aware that I have the right to inspect and receive a copy of the health information I have authorized to be used and/or disclosed by this Authorization. I understand that I may be charged a fee for record copies. In addition, I understand that I do not need to sign this Authorization to receive treatment. I also am aware that I may revoke this Authorization by notifying the disclosing medical records/health information department in writing. However, I understand that my revocation will not be effective as to uses and/or disclosures: (1) already made in reliance upon this Authorization; or (2) needed for an insurer to contest a claim/policy as authorized by law if signing the Authorization was a condition to obtaining insurance coverage. I realize that the information used and/or disclosed pursuant to this Authorization may be subject to re-disclosure and no longer protected by federal privacy law.

\_\_\_\_\_  
Signature of Parent or Personal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Parent or Personal Representative

\_\_\_\_\_  
Address

\_\_\_\_\_  
Description of Personal Representative's Authority

\_\_\_\_\_  
Telephone